

Parent Support Group

Schedule: Second Tuesday of each month

Time: 6:30 – 8 p.m.

Location: The Chicago Lighthouse Vision Rehabilitation Center
222 Waukegan Rd. | Glenview, IL 60025

For: Parents/caregivers of children with visual Impairments (birth - 18)

Fee: Childcare is provided. This program is offered FREE of charge with pre-registration but space is limited.

Led by Dr. Michael C. Smith PhD, this group will provide parents the opportunity to connect, learn, and discuss in a social setting.

- **Adjust to your child's diagnosis: Working through feelings of grief, anger, guilt, helplessness, and isolation**
- **Achieve a positive attitude**
- **Cope with ongoing challenges**
- **Receive support from people that understand what you are going through**

Dr. Michael C. Smith, PhD

Dr. Smith obtained his Ph.D. in Clinical Psychology from Illinois Institute of Technology in 1992 and is a licensed clinical psychologist. He interned at La Rabida Children's Hospital and Research Center. Since receiving his doctorate, he has had private practice and has been a faculty member teaching in undergraduate, masters and doctoral programs.

Presently, he has a private practice where he sees children, adolescents and adults with a variety of problems in individual, couple, and family therapy.

Dr. Smith has offered both community and professional convention presentations dealing with clinical work, child psychology, and positive psychology. His areas of research interests include equine therapy, adjustment to significant medical problems, and therapy work.

Dr. Smith is married with two sons. Our family goal has been to experience new things consistently while enjoying each other. Our family has also encountered the usual number of negative life events and through the combination of these and many positives in life, has developed supportive and loving relationships. Dr. Smith enjoys travel, his dogs, and staying on his horse.



The Chicago
Lighthouse
NORTH

Space is limited – pre-registration is required.

For more information, or to register, please contact
shelle.hamer@chicagolighthouse.org or (847) 510-2055.